

Face Mask with Pocket: April 12, 2020 Update

This is a pattern for sewing hand-made fabric face masks with a pocket for removable filters. We are sharing this pattern with **EVERYONE**. We have had requests for this pattern from across the great state of Montana and beyond. We are all in this together and we are happy to pass along what we have learned.

This video offers a great tutorial showcasing the **overall** process for making a mask with the pattern: <https://youtu.be/BCJcE-r7kcg>

Materials	Quantity	Dimensions
Quilt shop quilting cotton fabric	1	15" x 7.5"
2" width fabric strips	2	5" long
1/8", 1/4" soft flat or 2mm elastic cord (only)	2	12 inch long
Nose piece: construction grade twist tie	3	Approximately 7" long

Sewing instructions (Images in a second file due to how hard it was for people to download):

- Serge or stay stitch the short edges of your rectangle. Fold your fabric right sides together, matching the short edges.
- Mark 1.5" in from each unfinished side (fig A).
- Stitch along your finished edges with 3/8" seam allowance to the 1.5" mark, backstitch to secure at the beginning and end of your seam. Press your seam allowance open. (You now have an opening in which you can insert a filter.)
- Topstitch 1/8" along one edge of your pressed seam allowance (fig B). Mark 5/8" from the edge of the opening opposite of your top-stitched edge (fig C). Fold your mask at that mark. Press flat. Topstitch around the entire mask, 1/16" from the edge.
 - To provide a channel to hold the nosepiece, (refer to Image C), stitch across the **topside** of the opening, 1/16" along the edge.
 - If you are using construction grade twist ties, that are found at your local hardware store: Insert 3 twist ties, the width of your mask (approximately 7" long) into the nosepiece channel. Stitch snugly to secure the twist ties. If you have cut to the size of your mask, the ends will be enclosed in your binding, so wires do not protrude with laundering. Otherwise, bend the ends, slightly, to keep from poking through your fabric.
- Pleats: Mark from the bottom 1 1/2" and fold up 1/2" (maximum) for deep pleats (fig D). Continue with your next two pleats (fig E). Make sure pleats *are facing down on the front of the mask, not the pocket side!* (fig F). Press. Run a basting stitch 1/8" along the edge of the mask to hold the pleats.
- Lay your 2" fabric strip along the edge on the back of the mask, right sides together (fig G). Fold the top and bottom overhangs & pin in place (fig H). Sew with a 1/4" seam.
- Fold the remaining raw edge of your fabric over 1/4" (fig I). Press. Fold again so the folded edge aligns with your previous stitching (fig J) Press. Topstitch in place, leaving a minimum of a 1/2" channel for the elastic or ties.
- You can add the elastic or make ties that are 36" long, for each side, and no wider than 1/2". If you are adding elastic, tie a knot, so if they are too big for the wearer, they can make them smaller. Be sure to hide the knot in the channel. If you are adding ties, thread through the channel, distribute evenly and stay stitch in the middle to secure.
- Suggested options for ties: twill tape, double folded bias tape, fabric, cording, grosgrain ribbon, etc.

- Once completed, place in a clean, ziplock bag with your name and amount of masks in the bag. You can take them to the DROPBOX located near **Entrance 8** of the hospital or donate to your favorite place. (**DO NOT** try to go into the Hospital, just put them in the Dropbox). For your safety and the safety of others, please wash your hands before and after drop off.
- We added references to pictures in the directions, but found that the file takes too long to download. If you would like the pictures, we are putting them in a different file.
- **THANK YOU** to **ALL** the wonderful people that have come together to make these beautiful masks, which are helping to protect our community: **Your family, friends and neighbors**, because “it takes a village, to raise a child” and it takes a **village** to overcome this virus.